



Physical Education

In our P.E. curriculum you would see our value of Compassion:

- We support each other and provide all children with opportunities to learn and grow together.
- We work as a team and show love towards our peers by celebrating their achievements and supporting them to be gracious whether they win or lose.
- We promote a love of sport and leading healthy lifestyles.

In our P.E. curriculum you would see our value of Hope:

- We encourage all children to demonstrate their best efforts in all areas regardless of experience.
- We promote self-belief by providing children with opportunities to push themselves out of their comfort zone.
- We expose children to a wide variety of sports and the opportunity to learn new skills in areas they may have not considered.

In our P.E. curriculum you would see our value of Community:

- Our curriculum promotes teamwork and sportsmanship.
- Where possible we participate in friendly and competitive games and tournaments in the local and wider area.



Children at Hawkhurst Church of England Primary School say this about P.E.:

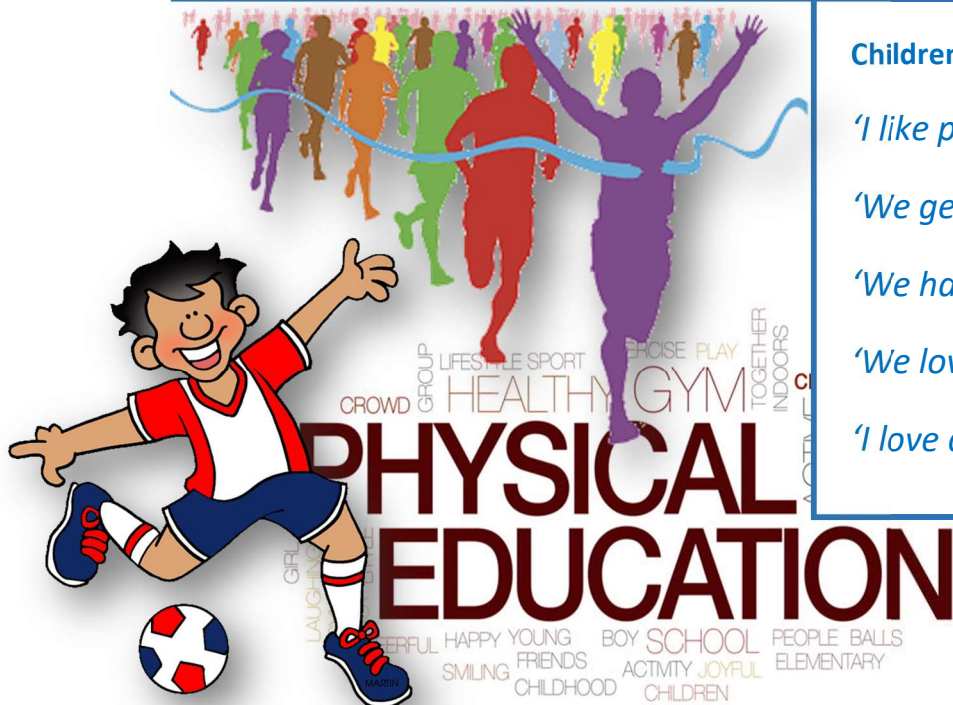
'I like playing with my friends and throwing the ball to catch it' (EYFS)

'We get to learn new games and run around to keep fit' (Year 1)

'We have an exercise area where we can go on different things' (Year 2)

'We love the equipment to exercise on at break times' (Year 3)

'I love doing clubs like football and rounders.' Year 6





Physical Education

Our Agreed consistencies for P.E. are:

- All children participate in 2 x one hour PE and Games lessons a week using the Get Set 4 PE scheme of work.
- Children are physically active for at least 60 minutes a day.
- Children and staff wear appropriate PE kit when taking part in physical activity.

If you were to walk into a P.E. lesson at Hawkhurst you would see:

- Whole class participation and an inclusive approach.
- Adapted planning from scheme of work to ensure appropriate level of challenge and support and to provide opportunities for SEND pupils.
- Children are active for the majority of the lesson and raise their heart rate to improve fitness levels.
- Teachers and pupils are supportive of all abilities and work collaboratively for best results.
- Teamwork and cooperation.
- Staff and children wearing appropriate clothing and are enthusiastic about their learning.
- Children understand the importance of a warm up and cool down to prevent injury.

In our P.E. curriculum you will see that we value inclusion and diversity:

- All children get the recommended 60 minutes or more of daily physical activity.
- We inspire them to think critically and engage in practices that help them value one another.
- Our inclusive culture helps children learn to lead a healthy and active lifestyle.
- We encourage those with disabilities to have the same experiences as their peers ensuring equipment, lesson plans and teaching is adapted as needed.

British Values and Spiritual, Moral, Social and Cultural Learning (SMSC) in P.E. :

Spiritual - Children work together and create an environment of equality. Global sporting celebrations are taught (e.g. Olympics) and children are encouraged to take interest in the world around them.

Moral – Children learn about the importance of sportsmanship. They challenge themselves against their own personal goals and learn from those around them in a supporting and encouraging manner.

Social - Through communication, sharing and understanding children enhance their emotional development, develop confidence, self-awareness and motivation.

Cultural - Sport enhances social and cultural life by bringing together individuals and communities. We support children to overcome differences and encourage dialogue. This helps to break down prejudice, stereotypes, cultural differences, ignorance, intolerance and discrimination.

